

Monthly Cleaning Checklist

January	February	March
 □ Clean out binder/files from previous year & set aside paperwork needed for taxes □ Clean out medicine cabinets (throw away expired meds) □ Purge & clean under bathroom sinks □ Clean shower heads (soak overnight in bag of vinegar) □ Scrub & reseal tile grout 	 Dust & clean light fixtures, lamp shades & ceiling fans Vacuum & clean behind kitchen & laundry appliances Vacuum behind beds & under large furniture Purge & organize kitchen cabinets & drawers Vacuum & clean air ducts & vents 	 □ Purge & organize kid's closets. Sell and/or donate outgrown clothing, shoes & accessories □ Wipe front & tops of all kitchen cabinets □ Disinfect inside kitchen cabinets, shelves & drawers □ Clean oven
April	May	June
 □ Sweep out fireplace □ Purge and organize pantry & throw away expired food □ Vacuum, flip, & rotate mattresses □ Wash pillows & bedding □ Disinfect kitchen backsplash & hood vent 	 Deep clean the microwave Clean refrigerator & freezer (replace baking soda) Wipe baseboards, chair rails, & moldings throughout the house Purge, clean, & organize the garage 	 □ Wash windows & screens (inside and outside) □ Wipe window blinds □ Dust and clean all appliances & electronics □ Wash shower curtains, liners, & bath mats □ Purge storage closets and donate items not needed



Monthly Cleaning Checklist

July	August	September
 □ Vacuum & clean air vents & ducts □ Vacuum all living room, family room, & basement furniture □ Apply leather cleaner to all leather furniture □ Wash area rugs & shampoo carpets □ Purge & organize coat & linen closets 	 □ Disinfect all trash & recycling bins (inside & outside) □ Wash all throw pillows, blankets, curtains, & slip-covers □ Disinfect inside of the washer & inside the rubber rim □ Run washer clean cycle once with bleach & once with vinegar □ organize office supplies to prep for school supply shopping 	☐ Clean out dryer vents ☐ Wipe front & tops of all kitchen cabinets ☐ Purge & organize master closet. Sell and/or donate clothing, shoes & accessories ☐ Disinfect kitchen sink & clean under the sink
October	November	December
 □ Wipe all light switch plates □ Clean both sides of outside doors & thresholds □ Vacuum, flip, & rotate mattresses □ Wash pillows & bedding □ Scrub showers & bathtubs 	 □ Clean refrigerator & throw out expired food □ Wipe both sides of interior doors & trims □ Wipe walls as needed to remove scuffs □ Wipe baseboards, chair rails, & moldings throughout house □ Dust ceiling corners & walls for cobwebs 	 □ Dust mirrors, frames, & decorative items □ Deep clean dishwasher & disinfect & clean the seal & food trap □ Purge & clean playroom, bedroom toys, & books □ Purge holiday decorations that are no longer needed







